Remote / Online Learning Resources





A resource to support remote / online learning

Created by Liam Sturrock

Introduction



This resource has been designed to collate a range of online resources and learning opportunities to support remote / online learning. The resources have been sorted by curricular area, with web links and ideas for how to set online / remote learning using the resources across all stages in school.

Credit to all the wonderful providers of these resources.

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(1) General Learning Resources



List of websites to support general learning online		
<u>Website</u>	Link	<u>Description</u>
2 Simple (Purple Mash)	https://2simple.com/blog/using-purple-mash-when-school-closed/ Free if school is closed	A range of learning activities across all subject areas.
BrainPop	www.brainpop.com Free if school is closed	Topic learning across a range of subject areas, with videos, quizzes, worksheets and linked activities.
Class Hook	https://www.classhook.com Free if school is closed: https://www.classhook.com/covid_premium	Easily find video clips to support learning across the curriculum.
Gamilab	https://gamilab.com/school	Create games to support your learning.
Kahoot	https://kahoot.com/access-kahoot-premium-for- free/ Free if school is closed	Create games and quizzes. Share the code for learners to join live.
Khan Academy	https://www.khanacademy.org/	Contains courses with practice activities and assessments across a range of curricular areas. Lessons within courses have videos to teach each skill / concept.
Twinkl	www.twinkl.co.uk Free if school is closed	Wide range of teaching and learning resources. Curriculum for Excellence linked resources available.
TES website + Blendspace by TES	www.tes.com https://www.tes.com/lessons	A range of teaching and learning materials across the curriculum. TES blendspace allows you to create a digital lesson in minutes, including videos, PowerPoints, images, instructions, documents etc. Pupils can be guided through the lesson.
Storyboard That	https://www.storyboardthat.com/storyboard- creator Free access currently	Create storyboards to explain / demonstrate learning.
BBC Bitesize	https://www.bbc.co.uk/bitesize/primary	Learning clips and some linked activities for a range of curricular areas. Linked to CfE and sorted by CfE Level and curricular area.



TED	hadron Hadrad asset	For a single objection of widos and and
TED	https://ed.ted.com/	Engaging educational videos across the curriculum.
The Kids Should	hattan //th alridah ayıldanathin anın /	
See This	https://thekidshouldseethis.com/	Educational videos to inspire
	Later Halo or all access and	curiosity.
Crash Course	https://thecrashcourse.com/	Educational videos on many
	https://m.youtube.com/user/crashcoursekids	subjects.
C 1 ::	(Crash Course Kids is for younger learners)	
Games websites	http://www.crickweb.co.uk	Interactive games to support
	http://www.primaryinteractive.co.uk/	learning across the curriculum for
	www.topmarks.co.uk	all stages.
	https://www.primarygames.com/	
	https://primarygamesarena.com/	
	https://www.learninggamesforkids.com/	
	https://www.funbrain.com	
	https://www.abcya.com	
	https://www.starfall.com	
	www.turtlediary.com	
	https://toytheater.com/	
	https://www.turtlediary.com/games/	
	http://primaryhomeworkhelp.co.uk/	
	https://gridclub.com/	
Imagination Tree	https://theimaginationtree.com/	Ideas to inspire play activities at
		home.
SeeSaw	https://web.seesaw.me/	Seesaw empowers pupils to
		independently document their
		learning and provides an authentic
		audience for their work, pushing
		beyond the walls of the classroom.
		It is a platform for pupil
		engagement. This tool allows pupils
		to upload work to a learning
		portfolio.
		The tool would provide good
		possibilities for learners engaging
		with and sharing learning digitally.
		Teachers can also provide feedback
		using Seesaw.
Google Classroom	https://classroom.google.com	Google classroom is another digital
		tool which can be used to support
		learning across the curriculum. The
		tool allows teachers to easily assign
		work tasks to students, which are
		then returned digitally. Feedback
		can then be given digitally using
		the tool.
	ı	1



StudyZone.TV	https://www.studyzone.tv	Contains full lessons in numeracy, literacy and ICT. Each lesson has a video (teaching point) and linked activities (worksheets, games, tests etc.).
Doorway Online	https://www.doorwayonline.org.uk/	Interactive and accessible learning activities across the curriculum. Designed for learners to use independently. A Scottish-designed resource.
Scholastic Learn at Home	https://classroommagazines.scholastic.com/support/learnathome/	Has daily learn at home themed projects, sorted by age. Each project has linked reading and follow-up activities.
Communication 4	http://www.communication4all.co.uk/HomePage.h	Lots of inclusive resources to support a range of curricular areas.
BBC Super Movers	https://www.bbc.co.uk/teach/supermovers	Active learning videos to support learning across the curriculum.
Quizziz	https://quizizz.com/	A free online quizzing and assessment app. Create your own quiz / assessment and share the code for your learners to join.
BBC Teach Live Lessons	https://www.bbc.co.uk/teach/live-lessons/primary-live-lessons/zmc9jhv	A range of live lesson opportunities for primary aged pupils.
Pawprint Badges	https://www.pawprintbadges.co.uk/challenge- packs-6-c.asp	Free challenge packs and other downloads. Many activities can be completed indoors. Badges cost but are optional.

<u>Ideas to support general learning remotely / online</u>

- Set learning activities across the curriculum using Purple Mash. Set tasks which are "free choice" activities within Purple Mash (e.g. creating coding for a game, using the paint package or creating a writing piece).
- Choose lessons from BrainPop as a focus for your learners. Direct learners to the quiz and related learning activities, which can be completed online or recorded in a jotter.
- Use Gamilab to create games specific to your planned learning and teaching.
- Create a quiz using Kahoot. Share the code and a time for your learners to join the quiz live.
- Set a course of learning in an area of the curriculum using Khan Academy videos, practice activities and assessments.
- Use Twinkl resources to provide teaching and learning materials specific to your planned learning. Upload to your class area for remote learning (e.g. PowerPoints and learning activities).
- Create a rich online lesson for your pupils to access using TES Teach by Blendspace. Share this in your
 online learning area. Lessons can be created in minutes. Add a quiz for pupils or a task to be completed
 online or in a jotter. The pre-made lessons in StudyZone.TV may also be of some us for providing whole
 "lessons" for pupils.



- Encourage pupils to use Storyboard That to demonstrate / explain learning.
- Make use of BBC Bitesize clips to form a lesson for your learners online. Source linked activities or create your own.
- Use videos from a range of sources above to add explanations or teaching points to activities and lessons within your online / remote learning area for all areas of the curriculum.
- Use games from a range of websites (examples above) as a way for learners to practise skills as part of online learning.
- Use Imagination Tree to create contexts for play learning at home. Try to choose activities which do not
 rely upon lots of materials or those which cost to run. Learners can be encouraged to post photos or videos
 of their play experiences securely & privately on your class page.
- Use SeeSaw for learners to upload their learning digitally and have feedback on this learning.
- GoogleClassroom can be used to set assignments and provide digital feedback on these.
- Use Scholastic Learn at Home resources to set daily interdisciplinary learning challenges.
- Use BBC Super Movers to link learning activities with opportunities for your learners to stay active.
- Create a quiz with Quizziz for an area of learning and share the code with your learners.





(2) Literacy and English



	List of websites to support Literac	cy and English online
Website	<u>Link</u>	<u>Description</u>
Vooks	https://www.vooks.com/teacher-appreciation	Animated read-along storybooks with linked resources.
CBeebies	Free for 1 year	
Radio	https://www.bbc.co.uk/cbeebies/radio	Listening activities for younger learners.
DK Find Out	https://www.dkfindout.com/uk/	Great for encouraging leaners to carry out non-fiction reading and research to support a range of areas across the curriculum.
Oxford Owl	https://www.oxfordowl.co.uk/welcome-back/for- home/reading-owl/english1 https://www.oxfordowl.co.uk/welcome-back/for-	The Oxford Owl website contains a range of eBooks which learners can engage with at home.
	home/reading-owl/reading	Using your authority log-in, there are story time and poetry time resources, which include printable stories and poems which can be shared for home learning.
Literacy Shed	https://www.literacyshed.com/	The Literacy Shed contains visual resources to support literacy lessons. This includes the use of film / animation clips to base study and writing on.
Jackanory Junior	https://www.bbc.co.uk/programmes/b007t9wg/clips	Clips of celebrities / actors reading stories. The programme is designed to stimulate an interest in reading.
Storytime Online	https://www.worldbookday.com/storytime-online/	Videos of famous authors reading stories.
Pobble 365	http://www.pobble365.com/	The Pobble 365 website contains a new image each day which can be used to inspire writing. The site can be used for literacy starters and also contains ideas for writing, listening and talking.
Sumdog Spelling	www.sumdog.com	Sumdog spelling provides engaging games to develop spelling skills. The tool allows
Spelling Frame	Free for school closures. www.spellingframe.co.uk	teachers to track progress and set targets. Spelling Frame allows you to input your own words to create a range of fun spelling practise games.
The Karate Cats	https://www.bbc.co.uk/bitesize/topics/zd63xyc/articles/zdp4pg8	The Karate Cats game allows learners to develop their skills in grammar, punctuation and spelling.



		Learners work through "belts", where
0 1		difficulty progresses as belts are achieved.
Countdown	http://happysoft.org.uk/countdown/wordgame.ph	A fun game to develop spelling and
Game	<u>p</u>	vocabulary.
JoJo	https://www.jojognome.com/story-podcast/	Lots of stories to promote listening skills
Gnome's		for younger learners.
Story		
Podcast		
Teach Your	https://www.teachyourmonstertoread.com/	The "teach your monster to read" website
Monster to		contains a series of fun reading games.
Read	The website is 100% free to access all games.	
Word	http://www.wordtamer.co.uk/	Word Tamer is an interactive and creative
Tamer		story writing website. It contains a series
		of challenges to support learners with
		developing an imaginative story. The
		website has been created by a children's
		author. Videos and other features of the
		website teach learners about characters,
		setting and plot.
Free Rice	https://freerice.com/	The UN World Food Program site offers a
Game	<u>receptifficer teer teer teer teer teer teer teer t</u>	great vocabulary-building game for
Ounte		learners. Every time a question is answered
		correctly, FreeRice donates ten grains of
Liboonia	harman Harman aran aran da	rice to hungry people.
Libraries	https://www.storynory.com/	Links for libraries of free digital books and
for digital	http://en.childrenslibrary.org	audio books.
books	https://www.storyplace.org/	
	https://www.storylineonline.net/	
	https://ngexplorer.cengage.com/ngyoungexplorer/	
	index.html	
	https://magicblox.com/	
	http://www.magickeys.com/books	
	http://www.getepic.com	
	https://stories.audible.com/start-listen	
Elevenses	https://www.worldofdavidwalliams.com/elevenses	Daily free audio stories from the David
with the	$\frac{1}{L}$	Walliams collection.
World of		
David		
Walliams		
Literactive	http://www.literactive.com	Literactive contains a range of interactive
		literacy games, covering the skills of
		reading, writing and listening.
YouTube	AlphaBlocks -	Use to support literacy learning.
Videos	https://www.youtube.com/channel/UC_qs3c0ehD	ose to support meracy tearning.
71003	vZkbiEbOj6Drq	
	VZKULUOJUDIY	



	The Alphablocks are living letters who appear in videos to help children learn about phonics and develop their reading skills.	
	Fairytales and Stories for Kids — https://www.youtube.com/channel/UCOPzf8kf- FUDs32E7F2wGdg Fairy Tales and Stories for Kids has lots of animated stories to enjoy. Challenge learners to retell the story to someone else after they have watched one of the videos.	
	BBC Teach Primary English — https://www.youtube.com/playlist?list=PLcvEcrsF 9zLFRmY3lcxn9-dzOjTwdohq BBC Teach has a playlist of English videos to teach learners about punctuation and stories. It also includes ideas for writing, songs and more.	
	CBeebies Bedtime Stories — https://www.youtube.com/playlist?list=PLoOc9M OVgduON_PbVYOlgjeLPyN_OVHlk CBeebies have a playlist of their Bedtime Stories, in which people read popular children's books.	
	Scholastic Book Trailers — https://www.youtube.com/playlist?list=PLOA3EC 21903A84659 Encourage learners to watch one or more of the book trailers from Scholastic. Challenge them to make a trailer for one of their favourite books.	
Once Upon a Picture Phonics	https://www.onceuponapicture.co.uk/ https://www.phonicsplay.co.uk/	Images to inspire writing, with linked questions and prompts. Lots of phonics games.
Play	Details on homepage for free access.	Lots of phonics games.
Young Writers	https://www.youngwriters.co.uk/	Writing competitions for young people.
We are Teachers author activities collection	https://www.weareteachers.com/virtual-author-activities/	A collection of links to children's authors doing online "read-alouds" and activities.
Roy the Zebra	https://www.roythezebra.com/	Reading games and activities.



Lalilo	https://lalilo.com/?language=en	A phonics and comprehension programme.
		Teachers can personalise learning using the
		programme.
National	https://literacytrust.org.uk/family-	A "zone" full of information to support
Literacy	zone/?mc cid=ebc2605b91&mc eid=c9510b067	families with literacy learning.
Trust	<u>b</u>	
Familyzone		
CBBC	https://www.bbc.co.uk/cbbc/shows/cbbc-book-	A show encouraging good reading habits.
Book Club	<u>club</u>	Provides the opportunity for children to
		learn about the latest books.
Into Film	https://www.intofilm.org/resources/all	Filter by age on the website (5-7 or 7-11)
Club		to get guides and resources to support a
		range of films. Perfect for supporting
Film		learning at home.
Guides		_

Ideas to support Literacy and English remotely / online

- Consider setting reading learning which you can share online. For example, use PDFs of stories which you
 can share for free online. For early readers, consider creating and posting your own simple stories to be
 read. Find or create questions linked to the stories / texts. The following links also offer free reading
 materials:
 - https://www.soundcityreading.net/pdf-files-for-level-4---phonics-patterns-books-1-8.htm https://www.speld-sa.org.au/services/phonic-books.html (Encourage use of the flash versions online as the PDFs are designed for printing, therefore the pages are not in the correct order) www.twinkl.co.uk — Use reading comprehension activities
- Share home learning advice and tips from Oxford Owl to support learners on the Read Write Inc
 programme: www.oxfordowl.co.uk/read-write-inc-home. Oxford Owl have parent videos and guidance
 advice for their programme and for reading in general. They are also adding to their eBooks collection,
 where reading eBooks linked to the RWI levels are being posted. These can be shared along with a speed
 sounds chart for daily practice.
- Post recordings of stories / books for your learners to listen to each day, or record your own! Jackanory
 Junior, JoJo Gnome and Storytime Online have clips of celebrities reading stories too. Other authors, such
 as David Walliams, are posting daily audio readings, and others are doing live reading sessions. Create
 and post comprehension questions linked to the story to be answered with an adult or recorded in a jotter
 / journal of learning.
- Post instructions encouraging your learners to read for at least 15 20 minutes per day. Create a reading record / journal for your learners to complete to reflect on their reading experiences, or encourage use of the books issued as part of the First Minister's Reading Challenge to provide a reflective activity and log of reading. Include a teaching point / PowerPoint explaining the style of book reviews and instructions for how your learners should lay out their review. A template can be provided to support learners with this activity.
- Post details of places where learners can access digital books / stories (see above), including from the local library (through using the free BorrowBox app). A great variety of ebooks can also be found using the following link:



 $\frac{https://worldbook.kitaboo.com/reader/worldbook/index.html?usertoken=Mjk5MzQ6MTpJUjA5MjAxNjoyOmNsaWVudDE2OTc6MTY5NzoyMjE2Mjq4OjE6MTU4NDM4MDExMzA2Mjp1cw%3D%3D$

- Use your Oxford Owl log-in to download and share Story Time and Poetry time resources. These can be
 used as a daily literacy activity.
- For learners following the Read Write Inc programme, Ruth Miskin Training are offering free RWI Phonics lessons at home from Monday 23rd March

They are scheduling free Read Write Inc. Phonics lessons on Facebook and YouTube for children to watch at home; three short Speed Sound lessons with one of their trainers every day currently. Films will only be available at the times below:

Set 1 Speed Sounds at 9.30am

Set 2 Speed Sounds at 10.00am

Set 3 Speed Sounds at 10.30am

Note: films are streamed live and won't be available at other times.

https://www.facebook.com/miskin.education/

https://www.youtube.com/channel/UCo7fbLgY2oA cFCIg9GdxtQ

• Consider using "guided reading" activities as a focus for reading tasks. The following links provide free guided reading activities:

https://www.twinkl.co.uk/resource/t-l-4240-reading-book-response-activity-booklet

https://www.tes.com/teaching-resource/guided-reading-activity-cards-6080124

https://www.twinkl.co.uk/resource/t2-e-2326-book-bingo-activity-sheet

https://www.teacherspayteachers.com/Product/FREE-Group-Reading-Comprehension-Spinner-157622 https://www.twinkl.co.uk/resource/t2-e-1469-guided-reading-skills-task-cards

- Post details of weekly writing tasks. Give links to videos or insert PowerPoints to provide a teaching point
 for the writing piece. Learners can be encouraged to complete writing tasks in a jotter / learning journal, or
 consideration may be given to allowing some writing pieces to be completed digitally. Learners can also be
 encouraged to post photos of their writing pieces / digital copies of their writing to a group page, where
 peer and teacher feedback can be encouraged and given in a variety of ways.
- Have your learners watch chidrens' films and complete film reviews as a writing task. These can be shared with peers. Provide a teaching point / PowerPoint explaining the style of film reviews and instructions for how your learners should lay out their review. A template can be provided to support learners with this activity. You can also share the Into Film club guides to support this.
- Use Literacy Shed to post animated clips as a stimulus for literacy activities. Each clip has suggested activities on the website, which can be used as part of your remote literacy learning.
- Have your learners develop creative / imaginative stories and share them online. Encourage the use of the Word Tamer website to help teach imaginative writing skills and assist with story development.
- Set contexts for writing which learners can undertake at home. Ideas include:

Imaginative	Personal	Functional
- Creative writing based on	- Write a letter to someone	- Write a daily diary for a week
contexts / stimuli:	influential about a cause you are	at home. Include feelings,
A story in the style of a	passionate about. Give reasons	emotions and reflections.
traditional tale / fairytale.	why you feel that way, express	- Write a letter to a friend or
		relative to cheer them up. Share



Creating a superhero comic story.

Writing about a big adventure (travel / space / ocean etc.).
Writing a story about having magic powers.

Writing a magic spell.
Writing about dreams / a
mystical land (inspired by the
BFG).

Write a story inspired by a character or event from a story or real life.

Write an imaginative story about a person who inspires you. Change the plot of a fairytale.

your views and set out any changes you would like to see.

- Write a poem about a special person.
- Write about a time where you visited somewhere special.
- Write about what you would like to do when you are older.
- Write a personal prayer.
- Write a postcard from home to your teacher.
- Write about a person who inspires you / your role model.
- Write a short life story / autobiography.
- Write an advert detailing why you are the ideal friend.
- Write about your favourite memory.
- Write about the best / worst day of your life.
- Write a piece based on the starter "If I could change the world".

your favourite memories of that person and the things you like most about them.

- Create a newspaper based on current events / people and events in your life.
- Write a thank you card for someone special.
- Make a poster explaining how to wash your hands properly.
- Write a recipe for something you have made at home.
- Design a boardgame and write a set of instructions for how to play the game.
- Write a "how to" guide for younger children (e.g. how to brush your teeth / play hide and seek / make toast / take care of a dog / run a bath / take care of a cut etc.).

The following website also has **lots** of writing inspiration ideas:

https://m.media-amazon.com/images/G/02/uk-books/Young-Storyteller/UK YoungStoryteller Inspiration Year2. CB513815090 .pdf

- Post a daily picture with questions and linked literacy activities using Pobble 365 or Once Upon a Picture.
- Consider having your pupils enter a writing competition, for example using the Young Writers website. You can also find inspiration by visiting https://schoolreadinglist.co.uk/competitions-for-children/childrens-writing-competitions/.
- Encourage engagement with writing tasks by setting a fun context for writing. For example, you could collect stories / poems / recipes and collate into a class book, which can then be shared with learners and families.
- Post differentiated spelling learning activities. Provide weekly spelling lists following certain spelling rules /
 patterns. Encourage learners to engage in different ways of learning these spelling words. The Spelling
 Frame website can be used to input these spelling lists and produce a range of engaging games. Post a
 "Spelling Menu" for a range of 'offline' spelling activities (Google image searching "spelling menu" will bring
 up a variety of options).
- Use Sumdog Spelling to provide spelling games which are adaptive to individual learners. Use the tracking and reporting tools to provide individual feedback / target-set for learners.
- Make use of the Karate Cats resource to develop grammar skills. Learners work through a range of "belts" as they progress through the levels. Encourage learners to share their successes / belt gains.
- Post the Countdown game and encourage learners to engage regularly with this. Have learners share the words they can make from their letters.



- Share the Free Rice game with your learners. Encourage them to build their vocabulary base and knowledge of words by playing this game, whilst also helping to feed hungry people.
- Set a challenge for your learners to prepare a short talk. This can be on a chosen topic or one you set. Setting the topic can tie in with learning across the curriculum, such as an IDL topic. Consider having your learners prepare notes for the talk and give feedback on the notes. Then have learners record and post their talk in a secure area and encourage / give feedback on their talk.
- Encourage daily handwriting practice in a jotter. Encourage learners to "warm up" before handwriting.
 These videos have some great activities for warming up for handwriting: https://www.oxfordowl.co.uk/forhome/oxford-owl-videos/handwriting-videos-1/
 - Share handwriting videos / animations to support the development of handwriting at different stages: https://www.teachhandwriting.co.uk/letter-animations-worksheets.html
 - Post worksheets / activities for learners to complete daily to develop their handwriting. These can be completed in a jotter. You can create your own handwriting tasks / activities using appropriate fonts (precursive / cursive).





(3) Numeracy and Mathematics



<u>Website</u>	<u>Link</u>	<u>Description</u>
Sumdog	www.sumdog.com	Sumdog provides a range of Maths
	Currently free access for all during contingency	games which are engaging and
	planning period.	progressive. Tutorial videos are also
		provided at the end of games to
		provide teaching points.
		The tool is adaptive and can be set
		to a child's own abilities / level of
		learning. Sumdog allows tracking of
		progress.
Prodigy Game	https://www.prodigygame.com	A free resource which provides a
		range of Maths games and also
		provides adaptive feedback. Allows
T: T !!		tracking of progress.
Times Table	https://ttrockstars.com/page/covid19support	Daily times tables practise games
Rockstars	Free if school is closed	(multiplication and division). Allows
		bespoke training for each pupil
		based on ability. Allows tracking of
Math Playground	https://www.mathplayground.com/	progress. Maths games, stories and videos.
Times Tables	https://www.timestables.co.uk/	A website for learning and
Tilles Tubles	https://www.timestables.co.ak/	practising times tables.
Oxford Owl	https://www.oxfordowl.co.uk/for-home/maths/	Maths learning activities for home
Oxiora Owi	rtteps.//www.oxfordowt.co.dk/for fronte/matris/	and "how to" videos. Links to
		learning with Numicon.
Teacher Led	www.teacherled.com	Contains a series of tools to
	<u></u>	support numeracy and
		mathematics.
Maths Zone	www.mathszone.co.uk	Maths digital resources sorted into
		different areas of numeracy and
		mathematics. Simple way of finding
		games and activities to match your
		planned learning.
Maths Bot	https://mathsbot.com/&Manipulatives	The manipulatives section of this
	·	site contains a number of great
		tools to support conceptual
		understanding using technology.



Transum	https://www.transum.org/	Transum has daily maths
Mathematics	https://www.transum.org/	Transum has daily maths
1*Idinematics		challenges. It also contains a range
Diagon ho	hattan II. www. adan antonwooden an welle a a al	of engaging games.
Rigour by cdmasterworks Ltd	https://www.cdmasterworks.co.uk/e-s-o-s/	The Rigour by cdmasterworks Ltd
camasterworks Lta		website contains high quality
		numeracy and mathematics
		challenge calendars for 1st - 4th
		level, which are updated each
		month. These also come with
		answer guides, and there are
		tracking sheets and certificates
		available for use also.
Countdown Maths	http://happysoft.org.uk/countdown/numgame.ph	A fun numbers game which allows
Game	<u>p</u>	learners to practise the four
		operations.
Number Fun	http://parent.numberfunportal.com	Maths videos, songs, stories and
	Free parent accounts for 30 days (to support	activities ready for parents to use
	any school closures).	at home with their children.
YouTube videos	Number Blocks —	Use to support numeracy learning.
	https://www.youtube.com/channel/UCPlwvNOw	
	4qFSP1FllALB92w	
	The Numberblocks channel has lots of videos to	
	help younger children learn about numbers,	
	addition and subtraction.	
	Number Jacks —	
	https://www.youtube.com/channel/UCWKuiktSh-	
	V3E4usPU0VC3Q	
	The Numberjacks are a group of superhero	
	numbers who appear in educational videos	
	which cover thinking skills, problem solving and	
	maths.	
	Jack Hartmann Kids Music —	
	https://www.youtube.com/user/JackHartmann	
	Jack Hartmann has lots of number songs,	
	including skip counting.	
	BBC Teach Primary Maths Videos —	
	https://www.youtube.com/playlist?list=PLcvEcrsF	
	9zJHmkbzAFRFZuEypPhcj8Ov	
	This playlist from BBC Teach explores how	
	maths is used in different areas of life and work.	
	It also includes videos about number, measure	
	and shape concepts.	
Ilovemaths	http://www.ilovemathsgames.com/games.html	Maths puzzles and challenges.



Nrich	https://nrich.maths.org/primary	Games and challenges for learners
		to complete.
Maths Week	https://www.mathsweek.scot/activities	Has a range of activities which can
Website		be filtered by age.
Corbett Maths	https://corbettmathsprimary.com/5-a-day/	Resources to support 5 minutes a
		day of mental maths. Designed for
		upper primary pupils, the activities
		are sorted into bronze, silver and
		gold.
Maths with Mum	https://www.mathswithmum.com/	Full maths lessons online, supported
		by videos, games and materials.
Wild Maths	https://wild.maths.org/	A collection of resources which
		deliver numeracy and mathematics
		learning in a creative way.
Number Fun Live	https://www.youtube.com/watch?v=TCQxWtpm	Number Fun Live are running daily
	wSw&feature=youtu.be	maths sessions for younger children
		(3-7 year-olds) LIVE on YouTube so
		children will be able to join from a
		tablet, computer, or Smart TV.f
Count on Us	Follow on Facebook / www.countonus.org	Resources online linked to CfE, as
		well as live postings on Facebook.
BBC Schools Radio	https://www.bbc.co.uk/teach/school-radio/audio-	Audio maths challenges from the
Audio Maths	maths-rainbow-quiz/zhdvpg8	BBC for first level learners.

Ideas to support Numeracy and Mathematics remotely / online

- Source and post videos which explain key concepts in numeracy. Alternatively, you can record and post your own. Use a tool such as "Show Me Videos" to record and post your own numeracy and mathematics teaching points.
- Use Sumdog to set learning in numeracy and mathematics online. Sumdog are currently offering webinars
 to support teachers with using the resource to guide / set online learning. Use the teacher report in
 Sumdog to provide individual feedback in numeracy and set targeted skills for learners to focus on
 developing using the tool. Other websites can also be used to set and track learning, such as Khan
 Academy (+ other examples above and in general learning section).
- Post links to targeted online learning games which suit your planned learning and teaching for this period. Encourage learners to record scores and to try to beat their score.
- Worksheets for practise can be posted online. Learners can be encouraged to copy and carry out sums / questions in a jotter (to save printing at home).
- Post easy to play maths games for your learners to enjoy at home. These should not be reliant on lots of resources, but instead should allow adaptability (e.g. using easily found resources around the home).
- Encourage learners to engage with numeracy tools online, such as base ten and other "e"-concrete materials. Post activities which encourage learners to explore practically to come up with solutions. Teacherled and Mathsbot websites can support this nicely.



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- Post a daily mental maths activity / challenge to be completed by your learners. Ensure there is a balance
 between online and paper-based activities (e.g. learners recording answers in a jotter). Topmarks website
 has lots of mental maths activities and the Corbett Maths website has an abundance of mental activities
 for upper stages. Ensure learners know they do not have to print worksheets if they are unable to, and can
 instead copy activities into jotters / notebooks.
- Use the Transum starter of the day for 1st / 2nd Level pupils to work on as part of their daily numeracy learning. http://www.transum.org/Software/SW/Starter of the day/
- Post the Rigour monthly Maths challenge calendars for 1st and 2nd Level learners. This gives a small daily maths activity for learners to work on. There are certificates available for calendar completion. The "Daily Rigour" activities can also be posted to provide further maths learning.

 https://www.cdmasterworks.co.uk/e-s-o-s/ https://www.cdmasterworks.co.uk/the-daily-rigour/
- Post a challenge grid for your class / for different stages of learners. CfE examples can be found online, or create your own.
- Post the Countdown Maths game and encourage learners to engage regularly with this. Have learners share their problem and solutions.
- Set fun maths challenges and problem-solving activities using Nrich. Encourage learners to post solutions and evidence of engagement with tasks and activities.
- Post all the previous Deputy First Minister's maths challenges for upper pupils. PDFs of previous challenges
 can be found at https://www.parentclub.scot.
- Share daily live maths lessons such as "Number Fun Live".
- Check out the Highland Numeracy blog for lots of remote learning ideas for numeracy and mathematics: https://highlandnumeracyblog.wordpress.com/2020/03/19/remote-learning-ideas-and-activities-for-parents-and-teachers/
- Encourage your pupils to play card games to support their numeracy learning at home. Examples of games can be found at:

https://www.theschoolrun.com/10-ways-playing-cards-helps-children-with-maths

http://mathengaged.org/resources/card-games/

https://www.weareteachers.com/math-card-games/

https://dreme.stanford.edu/news/10-family-card-games-support-early-math-skills

https://www.scholastic.com/teachers/blog-posts/nancy-jang/2017/3-Quick-Math-Games-With-Playing-Cards/https://mathqeekmama.com/best-math-card-games/





(4) Health and Wellbeing



<u>List o</u>	List of websites to support Health and Wellbeing online		
Website	<u>Link</u>	Description	
Growth Mindset	https://www.growthmindsetyeti.com	Growth Mindset resources which can be used	
Yeti		at home by parents to support resilience.	
Go Safe Scotland	https://www.gosafescotland.com/	Lots of health and wellbeing games linked to	
		Curriculum for Excellence, many of which	
		have a safety focus.	
Race at Your Pace	https://www.raceatyourpace.co.uk/kids/	Has a range of fitness challenges for children	
Kids		and young people which could be completed	
		as part of daily exercise. The trackers are free	
		to download. Medals can be achieved (but	
		come at a cost of £7).	
Cosmic Kids Yoga	https://cosmickids.com	Lots of fun yoga videos for learners of	
		different ages. Plenty of exciting contexts for	
		yoga.	
GoNoodle	<u>www.gonoodle.com</u>	Fun and engaging dance videos.	
Healthy Schools	https://healthyschools.scot	Designed for Curriculum for Excellence, this	
Scotland		website is full of ideas across all experiences	
		and outcomes of health and wellbeing at all	
		levels.	
Road Safety	https://roadsafety.scot/learning	Road safety games, sorted by Curriculum for	
Scotland		Excellence level.	
Food a Fact of	https://www.foodafactoflife.org.uk/	Resources designed for a range of ages about	
Life		where food comes from, cooking and healthy	
		eating.	
Smiling Mind	https://www.smilingmind.com.au/	Daily mindfulness resources.	
Jump Start Jonny	https://www.jumpstartjonny.co.uk/hom	Fitness and active videos and resources.	
	<u>e</u>		
Relax Kids	https://www.relaxkids.com/calm-pack	A free pack combining relaxation, calmness	
		and exercise activities.	
The Body Coach	https://www.youtube.com/channel/UCA	The Body Coach will be hosting a live 30	
(Joe Wicks)	xW1XT0iEJo0TYlRfn6rYQ	minutes of PE every day Monday — Friday	
		while schools are closed. Videos will also be	
1 110 C: -		posted up to be accessed at any time.	
NHS Change for	https://www.nhs.uk/change4life	NHS healthy living tips and activities for	
Life website		children and young people.	
Health for Kids	https://www.healthforkids.co.uk/	Tips and reading on a range of health topics.	
		Designed for children to use. Also has a	
1.6 1. 7.65	1000	parent section.	
Life Live It (Red	https://lifeliveit.redcross.org.uk/	First aid learning for children.	
Cross) resource			



Growing Smiles	Live on Facebook - @growingsmilesuk	Growing Smiles are running a "Tooth School"
Tooth School		live on Facebook. The 'school' runs from
		Tuesday — Friday at 10am live with a daily
		focus topic and live toothbrushing.
Dundee Active	https://sway.office.com/Dc42AjYlU6lU0	The Active Schools team are pulling together
Schools online	2vz?ref=Link	resources to help pupils stay active at home.
learning resource		They will be sending out a link every day.
		Each day, there will be a focus on different
		sports and links to other video content that
		pupils can follow.
Dundee United	Follow on Twitter - @dundeeunitedfc	Dundee United Community Trust are
Community Trust		releasing daily challenges, many of which are
		connected to sport / health and wellbeing
		through a cross-curricular approach.
CBeebies Get	https://www.bbc.co.uk/cbeebies/shows/	Join Dr Ranj and friends to discover facts
Well Soon	get-well-soon	about health and hospitals. Listen and sing
		along to songs from the show.
My World Kitchen	https://www.bbc.co.uk/cbeebies/shows/	CBeebies cooking show for children.
	my-world-kitchen	Showcases food from around the world.
Andy's Wild	https://www.bbc.co.uk/iplayer/episodes/	Workout videos for children from the BBC.
Workouts	p06tmmvz/andys-wild-workouts	

Ideas to support Health and Wellbeing remotely / online

- Have learners complete a food diary at home, logging and reflecting on what they are eating.
- Have learners create a balanced plate and reflect on the healthy choices they are having at home, considering where changes can be made if needed.
- Encourage learners to plan a healthy menu for home.
- Learners can be encouraged to engage in healthy food preparation / cooking / baking at home. Photos and / or videos can be posted to evidence learning and share ideas.
- Make use of the Growth Mindset Yeti resources to support learning at home. Direct learners and parents to specific resources / activities. Photos / videos can also be encouraged to show engagement with this learning at home, and this can be applied to other areas of the curriculum at home (e.g. learning a tricky maths concept).
- Post mindfulness activities to encourage your learners to take care of the health of their minds as well as their bodies!
- Choose aspects of health and wellbeing for learners to expand their knowledge in. The links above contain websites with useful materials for delivering HWB learning. Use the following ideas for setting learning:
 - Use the Go Safe Scotland website. There are linked activities for each lesson which can also be used to provide learning opportunities.
 - Visit the Healthy Schools Scotland website (link above) to gain ideas for health learning you can set for your learners. The website has an abundance of planning across all levels of Curriculum for Excellence.
- Challenge your learners to learn first aid skills. The "Life, Live It" (British Red Cross) website contains resources, videos, games and activities suitable for a variety of ages.
- Encourage your learners to carry out a "Daily Mile" walk where possible and as part of their daily exercise.



- Share daily challenges for HWB with learners, such as the Active Schools and Dundee United Community Trust resources.
- Post a "PE bingo" activity. Lots of examples of PE / fitness bingo can be found online or you can design
 your own. These can be carried out regularly as a fun brain break / opportunity for exercise for your
 learners. Try to ensure chosen activities / exercises are ones which can be easily achieved at home.
- Make a grid of PE activities for your learners to engage with, or use the following grid to start: https://www.tes.com/teaching-resource/stem-creativity-and-pe-learning-grids-12273118
- Share these home learning challenges, created by the Scottish Association of Teachers of Physical Education. They are all aligned to Curriculum for Excellence: https://education.gov.scot/media/p2npeimj/nih145-home-learning-challenges.pdf
- Post Cosmic Kids Yoga videos and encourage learners to take time for these types of healthy activities.
- Whilst learners are working from a new environment and out of the usual school eating routines, encourage healthy eating through activities. Use the "Food a Fact of Life" resource for a range of learning opportunities. They have ideas to support remote learning. https://www.foodafactoflife.org.uk/news/supporting-primary-and-secondary-pupils-studying-at-home/
- Post Just Dance videos, Go Noodle videos and other children's fitness / active movement videos to get your learners active and moving! Remember also that BBC Super Movers have active videos which support a variety of curricular areas.
- Promote continued good dental hygiene practices by encouraging learners to watch Growing Smiles Tooth School (live each weekday from 10am), which included live toothbrushing. This is a nice activity to substitute daily toothbrushing in school.
- Encourage your learners to create a range of health and hygiene posters to promote reducing the spread of Coronavirus. These can be linked to social distancing, handwashing and other safe & hygienic practices.
 Direct learners to the NHS website for information: https://www.nhs.uk/conditions/coronavirus-covid-19/.
 Newsround also have a range of videos to support learners in this area.
- Share activities from this list of physical / energetic activities which can be carried out at home (taken and adapted from the Fit For Life Forever website):
 - (1) Make your own exercise routine / gym at home.... Ideas include Run up and down the stairs, hop on the spot, star jumps, chair dips, plank, step ups, Lifting bean cans, squats against the wall etc.
 - (2) Hula hooping how long can you hula for?
 - (3) Put on your favourite music / song and make up your own dance routine.
 - (4) Go for a walk (remembering to follow any social distancing rules).
 - (5) Headstands: A great activity for your core muscles and to get blood going to the brain.
 - (6) Skipping rope: Can you skip and count / chant a nursery rhyme?
 - (7) Wheelbarrow, crab, and bear-walk races: Holding one of these tough positions gives you a real workout.
 - (8) Animal races: Hop like a bunny or frog; squat and waddle like a duck; and so on.
 - (9) Balloon ball: There are endless ways to play with balloons indoors. Try to keep it off the ground or just play catch. Mix it up with balloon tennis!
 - (10) Follow the leader: Add to the workout with energetic movements such as jumping, stomping, and squatting.
 - (11) Dance party: Turn on the music and shake your groove!
 - (12) Freeze dance: When the music stops, freeze in your pose and hold it until the music begins again.
 - (13) Scavenger hunt: Have someone write up clues and hide them around your home. Race to find



- each clue for a small prize at the end.
- (14) Jumping jacks: Simple but good for coordination and they get your heart going.
- (15) Parachute: This can be re-created at home with sheets. Each child takes an end of the parachute or sheet and fans it upward while one of you runs underneath.
- (16) Bubble wrap attack: If you get bubble wrap in the mail, jump on it until it's all popped.
- (17) Clean-up race: Set a timer or put on a song to see who can tidy the room the fastest.
- (18) Carnival: Set up carnival games such as "Knock Down the Milk Cans".
- (19) Hallway bowling: Fill up water bottles and use any ball you have.
- (20) Hopscotch: Use chalk or tape to make a game on your floor or outside your building.
- (21) Pillow fight: No explanation needed!
- (22) Sock skating: If you have hardwood floors, put on socks to skate around. Try spins or hockey stops or see who can slide the furthest. Make sure to move the furniture and watch for splinters!
- (23) Bubble bashing: Blow bubbles and try to smash them.
- The wellbeing of learners studying / learning remotely is vitally important. Share some / all the ideas from
 this wellbeing activities list to encourage your learners to take good care of their physical, emotional and
 mental wellbeing. (Designed by Kirsty Moyes at Nurtured Nippers):



WELLBEING ACTIVITIES



Write down 3 things each day that you are grateful for. It can be people, things and experiences — anything!

It is important to get fresh air, especially if you are feeling a little under the weather. Try the 5-4-3-2-1 grounding exercise when you are outdoors. Working backwards, find 5 things you can hear, 4 things you can see, 3 things you can touch from where you are sitting or standing, 2 things you can smell and one thing you can taste.

Listen: Put on your favourite piece of music and listen. What instruments can you hear? How does the music make you feel? Where in your body can you feel it?

Use https://www.cosmickids.com/ to do some fun Yoga exercises. It is important to try and do some exercise while you are at home to keep your body and mind healthy

Listen to an audio book. There are several websites where you can access these for free: Librivox / Spotify (can be used on a free account) / Storynory / Storyline Online.

Find a safe, quiet space and read a book. Use what you can to make your space comfortable.

Ask the adults at home how you can help. Everyone needs to work as a team at times like this, and they will appreciate your help.

Do a bodyscan. Use the following link to talk you through how to do it: https://soundcloud.com/mindfulmagazine/body-scan-meditation-for-kids



Use http://www.hellokids.com/r 12/drawing-for-kids to help you complete a drawing of your choice. Listen carefully to the instructions and complete the drawing to the best of your ability.

Go for a mindful walk. It is best to do this outdoors and so you might need to go with a parent or carer. Walk as slowly as you can for one minute. What things do you have time to notice now?

Drawing meditation: Choose an object, look at it very carefully for 60 seconds. Place the item under a cloth and see how well you can draw the item from memory! Do not worry if it isn't very accurate, just try again with something else!

Each day, listen to an inspirational talk! Which was your favourite? How did it change your thinking? https://www.lifehack.org/785441/inspiring-ted-talks-for-kids

Lay down and close your eyes. Listen to some Disney piano music. Try to to activity 1 at the same time. How does it make you feel? https://www.youtube.com/watch?v=5DiMoehAeOU

Listen to a mindfulness story called magic bubbles using this link: https://www.youtube.com/watch?v=SPpTqqHVRKQ

Showing kindness to others is proven to help YOU feel better too! Can you think of something kind you can do for someone else in your home? Or send a lovely text message to a friend or family member.

Complete a mindfulness colouring activity. Try to notice what you are thinking about while you do so.

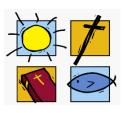
Use the following 'Conversation Starters' to have interesting chats with someone else in your home:

- What is your favourite memory?
- If you were to win the lottery, how would it change your life?
- What are you most proud of?
- What do you want to be doing in 10 years time?
- If you had £1000 to give away who would you give it to and why?
- What makes you happy?
- What would be in your ideal lunch box?
- What is the first thing you notice about people?
- What makes you laugh?
- If you were the Prime Minister, what would you change?
- Who inspires you?
- What is the best thing about being you?





(5) Religious Education



teach and inspire. They have lots of song on their website and will be hosting a liv steamed assembly every Monday at 11a SCES resources https://sces.org.uk/resources/ SCIAF https://www.sciaf.org.uk/resources/ Education Scotland RME Parent Advice Primary Homework Help RE Links https://www.primaryhomeworkhelp.co.uk/R eligion.html teach and inspire. They have lots of song on their website and will be hosting a liv steamed assembly every Monday at 11a A range of resources to support the teach of RE. Scottish Catholic International Aid Fund have school resources. A range of ideas for supporting RME at home by Education Scotland. These are sorted into appropriate CfE levels. Lots of information and links to support major world religions.	List of websites to support Religious Education online			
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eligion.html religion and class stage).			<u> </u>	
		https://catholicblogger1.blogspot.com/	Lots of Catholic RE activities and resources.	
Toolbox				
Loyola Press https://www.loyolapress.com/our-catholic- A range of ideas for Catholic learning	Loyola Press			
faith/family/catholic-kids activities.				
	Catholic Icing	https://www.catholicicing.com	Contains nice ideas for learning more about	
the Catholic faith at home.	Cathalia Mana	have allegal allegans		
	Catholic Mom	https://catholicmom.com/	Lots of activities and printables to support	
Catholic education in a fun way.	DE O		3	
<u> </u>	KE Quest	nttp://request.org.uk/	RE online learning resources, sorted by topic	
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	https://www.hampsteadshul.org.uk/virtual -tour-2/ https://www.thegrid.org.uk/learning/re/vir tual/buddhisttrail/25.shtml	
Ten Bible Stories	https://tenbiblestories.org	Contains resources to support children to learn more about the 10 "must know" stories from the Bible.

Ideas to support Religious Education remotely / online

- Share readings from the Bible / Bible story texts / Bible story videos and linked activities.
- Share songs and hymns you sing in class / assembly.
- Encourage your learners to tune into the Fischy Music weekly live streamed assembly on their YouTube channel each Monday at 11am. All the songs and stories have a moral theme and are based on Christian teachings and values.
- Challenge your learners to say and / or write a daily prayer. Post the daily prayers to your learning area.
 They can also be challenged to learn some of the common prayers.
 https://d2y1pz2y630308.cloudfront.net/2873/documents/2014/8/Catholic Prayers CHILDREN MEMORIZ E.pdf
- Masses around the world will be streamed live. Encourage your learners to watch a live-streamed Mass.
- Post videos from SCIAF, Missio and other charities. Have learners think about / respond to reflection questions linked to these videos.
- Share the Education Scotland RME home learning tips (link found above). Many of these are discussion based, making it a good resource for parents to use to support learners at home.
- Share some of the crafts and activities from Catholic RE sites such as Loyola Press, Catholic Icing, Catholic Mom and Catholic Toolbox.
- Share links to seasonal videos and activities linked to the liturgical calendar (for example Lent / Easter activities).
- Challenge your pupils to learn the Mass responses. This free booklet is useful in helping with this learning: https://portlanddiocese.org/sites/default/files/files/Children%27s%20Mass%20book.pdf
- Post a Bible story a week / fortnight with some linked activities to this story. Ten Bible Stories has lots of resource links for ten of the "must know" stories from the Bible.





(6) Sciences



	List of websites to support Scien	ces online
Website	Link	<u>Description</u>
Mystery Science	https://mysteryscience.com/school-closure- planning No log-in required for these lessons.	Online lessons with teaching points and linked activities for learners.
Vroom	https://www.vroom.org/for-professionals Free to use	Early Years science activities for parents to support young learners with. Comes with tips and explanations.
National Geographic Kids	https://www.natgeokids.com/uk/	Activities and quizzes for younger learners, with topics including animals and science.
CBeebies Science Activities	https://www.bbc.co.uk/cbeebies/curations/science-activities	Science learning clips. Particularly suited to early years.
Crest Awards	https://www.crestawards.org	Science awards which can be completed from home. The Star and Superstar levels are designed for primary-aged learners. The activities are designed to be easy-to-run and low cost.
Nature Detectives	https://naturedetectives.woodlandtrust.org.uk/naturedetectives/	Lots of activities which can be carried out in a garden our outdoor area, or even a remote forest location!
YouTube videos	Operation Ouch — https://www.youtube.com/channel/UCQJDFI9j 8UeNoqra37p5OkA/featured Operation Ouch produce educational videos about the human body. Amazing Animals —	Use to support science learning.
	https://www.youtube.com/playlist?list=PLQlnTldJs0ZQNDwnQlIStNF9LwoSAM7aFLearn about amazing animals with this playlist from National Geographic Kids.	
	HomeSchool Pop — https://www.youtube.com/playlist?list=PLNmq T1B9ljIWyhaewUc8-3oivWLwSTcL Homeschool Pop has put together a collection of videos that cover a wide range of Science topics.	



	SciShow Kids –	
	https://www.youtube.com/user/scishowkids	
	SciShow Kids has a wide range of Science	
	videos that answer different questions about	
	the world.	
	Crash Course Kids —	
	https://www.youtube.com/user/crashcoursekids	
	Lots of videos on different science topics for	
	predominantly older primary pupils.	
	predominating state printing papers	
	Ryan's World —	
	https://www.youtube.com/channel/UChGJGhZ9	
	SOOHvBBOY4DOO w	
	Has lots of science videos suitable for younger	
	learners.	
	Science Max —	
	https://www.youtube.com/channel/UCbprhISv-	
	OReKPPyhf7-Dtw/featured	
	Science Max carries out huge science	
	experiments. Challenge your learners to try	
	similar experiments, but on a smaller scale, at	
	home.	
TigTag World	https://www.tigtagworld.co.uk/	Has a range of free science learning
Tigrag Worta	- Action of the second of the	activities.
Science for Kids	http://www.sciencekids.co.nz/	Games, topics, lessons, videos and
Science for Rius	http://www.sciencektus.co.nz/	experiments.
Science for Kids Club	https://www.scienceforkidsclub.com/	A collection of science activities
Science for Rius Club	Tittps://www.scienceforkiasciab.com/	
C : D I		suitable for a range of stages.
Science Bob	https://sciencebob.com/	Fun and easy experiments to inspire
		children which can be carried out at
		home.
STEM through stories	https://www.stem.org.uk/teaching-science-	Ideas and resources for learning in
	through-stories	science through stories.
Glasgow Science	https://www.glasgowsciencecentre.org/gsc-at-	Glasgow Science Centre will be
Centre at Home	home	posting a science at home video each
		day at 10am from 19 th March.
Science on the Web	https://www.stem.org.uk/resources/community/	This link contains a PDF which hosts
	resource/392714/science-web	a range of links to science learning
		activities. You can navigate through
		CfE levels in the document.
Edinburgh Zoo live	https://www.edinburghzoo.org.uk/webcams/	Watch the pandas, penguins, tigers
cams	reception www.cantoargreeo.org.acreeocants	and koalas live at Edinburgh Zoo.
Carits		and Roulds live at Lamburgh 200.



James Dyson Foundation Challenge	https://www.jamesdysonfoundation.co.uk/content/dam/pdf/JDF with%20cover%20challenge-	Science challenge cards.
Cards	<u>cards DIGITAL.pdf</u>	
Maddie's Do You	https://www.bbc.co.uk/iplayer/episodes/b09yn	CBeebies Series where Maddie
Know	<u>3ly/maddies-do-you-know</u>	discovers the world around us and
		how stuff works.
Children's Nature /	https://www.bbc.co.uk/cbbc/shows/deadly-60	Encourage your pupils to learn about
Natural History	https://www.bbc.co.uk/cbbc/shows/nature-on-	the animal world and natural
Shows	<u>cbbc</u>	history.
	https://www.bbc.co.uk/cbbc/shows/deadly-	Ğ
	dinosaurs	
	https://www.bbc.co.uk/iplayer/episodes/b07tlrjc	
	/wild-weird	
Space learning	https://www.nasa.gov/kidsclub/index.html	Encourage your pupils to learn more
resources	https://www.bbc.co.uk/cbeebies/topics/space	about space with these links.
	https://www.bbc.co.uk/cbeebies/shows/stargazi	·
	ng	
Nina and the Neurons	https://www.bbc.co.uk/cbeebies/shows/nina-	Nina carries out exciting experiments
	and-the-neurons	and explores the world of science,
		engineering, building and coding.
		•

Ideas to support Sciences remotely / online

- Use ideas from a range of science links above to upload science learning opportunities for your learners. Encourage parents to share photos of activities being carried out on Twitter.
- Make use of videos and live learning opportunities, such as from Glasgow Science Centre, for pupils to see and reflect upon science in action. They can be encouraged to write up a report based on an experiment they have seen. Nina and the Neurons can also be used to encourage new science learning.
- Use the "Science on the Web" tool to choose science learning for your level / learners. This document contains links split into levels of CfE, making it ideal for planning appropriate science learning.
- Links to TV series about science topics, including space and animals, can be posted to expand learners' science knowledge.
- Concept cartoons provoke discussion and stimulate scientific thinking. Many free concept cartoons can be
 found by searching online. These are a way to encourage scientific thinking without the need for resources.
- Challenge your learners to find out more about space using the links above. They can try stargazing from their window, as well as produce a range of space learning pieces.
- Share these fun STEM challenge grids: https://www.tes.com/teaching-resource/stem-creativity-and-pe-learning-grids-12273118
- Above all, if you are posting science activities be mindful of the cost of the school day advice and guidance.
 Try to avoid posting lots of activities which are reliant on a range of materials and resources being purchased.





(7) Expressive Arts



List of websites to support Expressive Arts online		
Website	<u>Link</u>	<u>Description</u>
Deep Space Sparkle	https://www.deepspacesparkle.com/	A range of inspirations for ideas which can be posted for home art projects. They have a free draw along series, with a new challenge added each weekday.
Drawing Challenges	https://www.naturalbeachliving.com/30-day-drawing-challenge	30-day drawing challenge for learners.
Artful Parent	https://artfulparent.com/	Contains art ideas for parents to undertake at home.
Bring the Noise	https://www.bbc.co.uk/teach/bring-the-noise	Primary music activities from the BBC.
Singing Hands	https://singinghands.co.uk/	Singing Hands produce videos and resources to support singing through signing with Makaton.
CBeebies BSL	https://www.youtube.com/watch?v=Z0jFdEJ1	BBC British Sign Language nursery
Nursery Rhymes	<u>UqM</u>	rhyme videos.
SignSing	https://www.youtube.com/channel/UC1AQHr5 6l9ayVzcEFhZrsJg	Sign Language music videos. Lots of popular songs on here.
Art Ninja	https://www.bbc.co.uk/cbbc/shows/art-ninja	CBBC art show.
Mister Maker	https://www.bbc.co.uk/cbeebies/shows/mister- maker	CBeebies art and creativity show.
Pablo series	https://www.bbc.co.uk/cbeebies/shows/pablo	Pablo uses his magic crayons to turn his life challenges into fantastic adventures and his feelings into colourful characters with a voice — in the art of his imagination, just about anything can happen!
Art Projects for Kids	https://artprojectsforkids.org/	A range of art projects for learners, bringing in a range of art skills.
Artful Parent	https://artfulparent.com/	Ideas for home art activities for parents.
Tate Kids	https://www.tate.org.uk/kids	Activities for children and young people from the Tate galleries.
Picasso Head	http://www.picassohead.com/create.html	Create your own Picasso-inspired piece online.
Web Sketch	http://www.crickweb.co.uk/ks2dt.html&websketch2	Online digital art tool.
Kinder Art	https://kinderart.com/	Easy art activities to try.
National Gallery of Art (USA) ideas	https://www.nga.gov/education/kids.html	Interactive art activities for children, based on the work of different artists.



BBC School Radio	https://www.bbc.co.uk/teach/school-	BBC Schools Radio activities to
Music, Dance and	radio/primary-music-ks1-ks2-index/z6762sq	support music, dance and drama.
Drama	https://www.bbc.co.uk/programmes/articles/2x	
	qXhhwf2jBWsdtF3vDkx36/primary-dance	
	https://www.bbc.co.uk/programmes/articles/2	
	SZd2Y2nbz0jLdtBzBnzTKh/primary-drama	
Sing Up	https://www.singup.org/home-schooling	Sing Up now have home learning
		resources to support singing and music
		at home.
Musical Mysteries	http://www.bbc.co.uk/northernireland/schools/	A game which teaches about different
	4 11/music/mm/index.shtml	concepts in music.
Virtual Musical	https://www.virtualmusicalinstruments.com/	A place where learners can virtually
Instruments		play a range of musical instruments.
Charanga Musical	https://www.lancashiremusichub.co.uk/site/ma	Free resources (including videos /
School	ke-music/primary-online-resources/	animations) to support teaching music
		concepts.
Create and Sing	https://learning-platform.roh.org.uk/opera/	Dramatic singing resources from the
		Royal Opera House.
Pentatonic Songs	https://www.coxhoe.durham.sch.uk/curriculum	A collection of pentatonic songs to
	-links/music/pentatonic-songs	share with your learners.
Hand Clapping	https://icebreakerideas.com/hand-clapping-	A collection of hand clapping games to
Games	games/	develop rhythm (check lyrics to ensure
		appropriateness!).
Action Music	https://www.coxhoe.durham.sch.uk/curriculum	A collection of songs with actions.
	-links/music/dancing-with-music	
Drama Resource	https://dramaresource.com/	Drama games, ideas and activities.
Drama Toolkit	https://www.dramatoolkit.co.uk/	Lots of drama games and other ideas.
Beat by Beat Press	http://www.bbbpress.com/dramagames/	More fun drama games and activities.
Scholastic Drama	https://www.scholastic.com/parents/school-	Tips for drama at home.
tips	success/learning-toolkit-blog/drama-activities-	
	to-add-to-our-parent-toolkit.html	

<u>Ideas to support Expressive Arts remotely / online</u>

- Post topics for art and design activities. Allow learners the opportunity to carry these out in the most suitable way for them and the resources they have available. This can include collage, drawing, painting, model creation and photography. Create an area for a class gallery to be created, where photos can be uploaded of finished pieces and positive feedback comments can be given. Be mindful of the "cost of the school day" advice. Think of ways you can encourage different ways for learners to respond (such as digital art pieces) which will not need resources.
- Post art pieces by a range of different artists. Encourage learners to reflect on these pieces and share their thoughts in a learning journal. Post links to activities linked to the art pieces or post questions to be answered about the piece.
- Learners can also be encouraged to use a range of tools / websites to create digital art pieces.
- Encourage learners to 'virtually' visit an art gallery / museum. Use guides from the museum / gallery to provide a focus for the 'visit'. Many establishments have guides which contain linked learning activities.



- Post songs to be learned. Encourage learners to post videos learning / singing the song or playing along to the song (securely e.g. on Glow, Teams or on your private class Twitter page).
- Post a range of videos to support singing and music at home. Bring the Noise has a range of different activities. Choose songs to support your planned learning across other areas of the curriculum and post for pupils to learn and sing.
- Challenge your learners to learn Makaton or British Sign Language through music and songs.
- Post drama games and ideas for your learners to try at home. These offer nice family activities for indoors.
- Challenge your learners to learn how to play an instrument. This can be achieved through "virtual" instrument playing.
- Have your pupils learn clapping, skipping and action songs. See links above or share your own. A nice fun challenge could involve posting a new song / dance to learn each day or week. Some examples of actions songs you can challenges your pupil to learn include:
 - Fast Food Song
 - YMCA
 - Superman
 - Agadoo
 - Macarena
 - Cha Cha Slide
 - 5678
 - Hokey Cokey
 - Time Warp
 - The Birdie Song
 - The Ketchup Song
 - The Twist / Let's Twist Again
 - The Locomotion
 - The Music Man





(8) Social Studies



	List of websites to support Social Studies online			
<u>Website</u>	<u>Link</u>	<u>Description</u>		
Kids Discover	https://www.kidsdiscover.com/kids-discover-online/	Online library of social studies		
Online	Free if schools close	learning materials.		
Newsround	https://www.bbc.co.uk/newsround	Daily news stories for children and		
		young people.		
National	https://www.natgeokids.com/uk/	Activities and quizzes for younger		
Geographic		learners, with topics including		
Kids		history and geography.		
World	https://world-geography-games.com/world.html	Fun Geography games.		
Geography				
Games	N · · · · · · · · · · · · · · · · · · ·			
YouTube	National Geographic Kids —	Use to support social studies		
Videos	https://www.youtube.com/channel/UCXVCgDuD QCkI	learning.		
	7gTKU7-tpg Lots of videos about our world.			
	Lots of videos about our world.			
	BBC Teach —			
	https://www.youtube.com/channel/UC4KN50fal7f45fx			
	2DqG7ttq/playlists?view=50&sort=dd&shelf_id=6			
	Have playlists to support primary Geography and			
	History.			
	Kids Learning Tube —			
	https://www.youtube.com/playlist?list=PLmIHwWY0hi			
	uyj aLDh-2kBnF4aiUGFVZh			
	Videos to support learning about countries around the			
	world.			
	Horrible Histories Channel –			
	https://www.youtube.com/channel/UCUNYSwNARexF			
	wxXp3oPAtvg			
	The Horrible Histories channel has some funny videos			
	and entertaining songs that learners can use to learn			
DDC III	about different periods from history.			
BBC History	http://www.bbc.co.uk/history/forkids/	Explore history through a range of		
for Kids	hater Harton daylayına ayalı yeril	fun games and activities.		
Virtual Tours	https://artsandculture.google.com/	Encourage your learners to take a "virtual tour" to learn more about		
	https://kids.sandiegozoo.org/videos https://www.georgiaaquarium.org/webcam/ocean-	our world.		
	voyager/	our worta.		
	vogageri			



	https://artsandculture.google.com/partner/the-white-	
	house	
	https://www.thechinaguide.com/destination/great-wall-	
	<u>of-china</u>	
	https://www.tripsavvy.com/virtual-field-trip-pyramids-	
	1259200	
	https://www.louvre.fr/en/visites-en-ligne	
	https://www.taj-mahal.net/newtaj/	
	https://www.annefrank.org/en/anne-frank/secret-	
	annex/	
	https://zooatlanta.org/panda-cam/	
	https://www.royal.uk/virtual-tours-buckingham-palace	
	https://www.p4panorama.com/Gallery.aspx/holy-land-	
	360-virtual-reality-tour/	
	https://msu.edu/user/urguhart/rainforest/	
M T 5	https://britishmuseum.withgoogle.com/	110
Mr T Does	https://www.mrtdoeshistory.com/home-learning-packs	History home learning activities. All
History –		evidence can be gathered by
Home		speaking to family members
Learning		(including through phone /
Packs		technology).
CBeebies Go	https://www.bbc.co.uk/iplayer/episodes/m0007z03/go-	The Go Jetters are adventure-
Jetters		seeking superheroes who explore
Jeffel 2	jetters	
		places around the world. Twinkl
		have support resources for Go
		Jetters.
CBeebies	https://www.bbc.co.uk/cbeebies/shows/where-in-the-	Make new friends and discover new
Where in the	world	places with "Where in the World?"
World		series.
BBC History	https://www.bbc.co.uk/bitesize/subjects/zcw76sq	Resources to support learn about
7	Tittps://www.bbc.co.uk/bitesize/subjects/zew/osg	
resources		British and World history.
Map Zone	https://www.ordnancesurvey.co.uk/mapzone/	Map skills website by Ordnance
		Survey.
Google Earth	https://www.google.co.uk/intl/en_uk/earth/	The world's most detailed globe!
		Encourage your learners to find out
		more about our world through this
		digital tool.
BBC Travel	https://www.bbc.co.uk/hiterize/tenics/zQard?n	BBC series with Barnaby Bear
	https://www.bbc.co.uk/bitesize/topics/z9grd2p	
with Barnaby		exploring places around the world.
Bear		
Kids World	https://www.kids-world-travel-guide.com/	A travel guide to countries of the
Travel Guide		world for children.
Flags of the	https://www.learninggamesforkids.com/geography-	Flags of the world game.
world game	games/random_games/flags.html	J
Scottish	http://www.seet.org.uk/euroquiz/resources.php	Resources to support learning
	Tittp://www.seet.org.uk/euroquiz/resources.prip	Resources to support learning
European		about Europe and the EU. This can



Educational		be used for a head start for
Trust		preparing your next Euroquiz team!
Europa	https://europa.eu/learning-corner/play-games_en	Games to support learning more
Learning		about the history, geography and
Corner		culture of Europe.
Games		·

Ideas to support Social Studies remotely / online

- Encourage learners to carry out a virtual tour, where they can learn about history, geography, culture and more. Use any guides / learning from site to provide a focus for the virtual visit. This can be carried out as a "virtual class trip"!
- The "Mr T Does History" home learning ideas are a great way for learners to engage in history learning in a very personal way. They are encouraged to speak to family members (including remotely) to gather information for their research / project.
- Another nice idea for a personal history project at home is to encourage learners to research and record
 their family history through gathering information from family members and possibly genealogy sources
 online. They can build a family tree and write profiles about relations / family members.
- For younger learners, use the BBC Go Jetters series to explore our world. Twinkl have support resources for this series too. You could post questions for learners to respond to in writing / by video.
- Use videos and other multimedia learning resources to encourage learning across a range of social studies topics.
- Have your learners carry out personal research projects about a chosen aspect of social studies. These can
 be linked to your planned IDL. Projects can be carried out and presented in a number of ways, such as a
 video, PowerPoint, word document or physical book / log / journal.
- Challenge your learners to create a time capsule. Lots of ideas for time capsules can be found online. These are a great way of 'documenting' current events in pupils' lives whilst helping learners to see the value of historical sources.
- Have your pupils learn more about the history, geography and culture of the place where they live. Challenge them to create a guide for tourists to the area. This can be in the form of a booklet, brochure, travel video, PowerPoint etc.
- The weather can provide lots of learning opportunities for children. Encourage your pupils to look outside their window and record the weather. They can then present this information in a number of ways, including through written data, a written weather report or even by recording their own TV-style weather report!
- Children can learn lots by studying a globe / maps. Share some activities which engage them in developing this knowledge.
- Challenge your pupils to learn flags of the world. Post flag quizzes. Try posting a flag a day and have learners gather facts about that country (size, population, location, language, capital city, currency etc.).





(9) Technologies



List of websites to support Technologies online			
<u>Website</u>	Link	<u>Description</u>	
Kodu	https://www.kodugamelab.com/	A simple programming game from Microsoft, teaching coding and ICT skills through fun games design challenges.	
Beebot App (TTS)	https://apps.apple.com/gb/app/bee -bot/id500131639	An app based on the Beebot resource. Encourages early programming skills.	
Daisy the Dinosaur App	https://apps.apple.com/gb/app/daisy-the-dinosaur/id490514278	A free app which introduces coding to 5-7 year olds.	
Hopscotch Programming Tool (App)	https://www.gethopscotch.com/	Teaches children how to code to make their own games.	
Tynker	https://www.tynker.com/ https://mailchi.mp/tynker/in- support-of-schools-facing-health- related-closure Free if school is closed	Tynker is an educational programming platform aimed at teaching children how to make games and programs.	
Thinkuknow	https://www.thinkuknow.co.uk/ https://www.thinkuknow.co.uk/par ents/Support-tools/home-activity- worksheets/	As well as general learning resources to support children with learning about online safety, Thinkuknow have produced home learning activities for this topic.	
Minecraft	https://education.minecraft.net/ https://www.minecraft.net/pt- pt/article/free-educational-content- minecraft-marketplace-	Free computer game which encourages building and creativity.	
Typing Club	https://www.typingclub.com/	Series of typing lessons with linked activities to practise taught skills.	
Blockly Games	https://blockly.games/	Games to support learning of computer programming skills. Fun and free!	
Scratch	https://scratch.mit.edu/explore/proj ects/games/	Creative computer programming activities.	
Be Internet Legends	https://beinternetawesome.withgo ogle.com/en_uk/interland	Google's internet safety programme. The Interland games teach about online safety in a fun and engaging way.	



Think You Know	https://www.thinkuknow.co.uk	Provides teaching points about
		online safety for all ages of
		learners.
Barefoot Computing	https://www.barefootcomputing.or	Barefoot Computing have a range
	g/primary-computing-resources	of both online and offline activities
		linked to computing. The offline
		activities are ideal for learners
		with limited access to technology.
Typing.com	www.typing.com	Typing practice games.
Nessy Fingers	https://www.nessy.com/nessyfinger	Free typing game.
	s/promo/	
	(Link to free game)	
BBC Dance Mat Typing	https://www.bbc.co.uk/bitesize/top	Requires a keyboard. A fun way
	ics/zf2f9j6/articles/z3c6tfr	for children to develop typing
		skills.
Raspberry Pi	https://projects.raspberrypi.org/en	Coding activities and games. Has
		projects for learners to undertake.
Mr P ICT	https://www.mrpict.com/enhancing	Lots of ideas to support primary
	-the-curriculum.html	ICT learning.

<u>Ideas to support Technologies remotely / online</u>

- Use resources to teach about online safety, which is particularly important if learners are using the internet for learning more. The Interland games provide an exciting context for learning in this area. Learners can be directed to areas of the "Think U Know" to learn more about online safety tips.
- Technology will be one of the main 'vehicles' for learning when pupils are learning remotely. Encourage learners to make creative use of technology to support their learning across the curriculum.
- Challenge learners to improve different technology skills, such as typing skills.
- Share coding and programming activities and encourage your learners to be creative. They could be challenged to make games to support their learning which they can share with friends.
- Use Barefoot Computing to share some 'offline' computing / ICT activities with your learners. This would particularly suit learners with limited access to technology and would also be good to offer as an 'offscreen' activity.
- Digital photography is a nice way to engage learners with technology and could be easily achieved at home. Share digital photography challenge calendar with a daily focus for a photograph. There are examples online, or create your own!



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(10) Modern Languages



List of websites to support Modern Languages online		
Website	<u>Link</u>	<u>Description</u>
DuoLinguo	https://www.duolingo.com/ Lots of languages available, including French.	Lots of fun daily practise activities to develop language skills. Leaners can take a placement test to set learning based on their skills and knowledge or start learning from the basics.
Monde de Titounis BBC 2 nd Level French	https://www.youtube.com/user/sse bastienn?app=desktop https://www.bbc.co.uk/bitesize/sub	French nursery rhymes and story videos. A range of French learning
Tres Bien French	jects/z2mxsbk http://www.tresbienfrench.com/	activities. Learning in French split into different topics.
Lightbulb Languages	https://www.lightbulblanguages.co .uk/resources-pr-fr-resources.htm	Lots of French teaching and learning resources.
Pollyglot Languages French Culture Monopoly	https://pollyglotlanguages.files.wordpress.com/2020/03/frenchcultural-monopoly.pdf	A novel resource in the style of a monopoly game. Designed to have learners find out more about France and French culture.
Radio Lingua	https://radiolingua.com/learnatho me/	Lots of modern languages resources for learning at home.
BBC French Resources	https://www.bbc.co.uk/bitesize/subjects/z39d7ty	Clips and other resources to support French learning.
Power Language	https://powerlanguage.courses/forf amilies?utm_source=ActiveCampai	Currently free subscription to a family learn French course.
Learn a Language Course	gn&utm medium=email&utm cont ent=PowerLanguage:++Resources+ Available+for+Home+Learning&ut m_campaign=PowerLanguage:++R esources+Available+for+Home+Le arning	Provided by Power Language, who run the PL Platform teaching resource.
French Games Net	https://www.french- games.net/frenchgames	Online French games for children.
NI Curriculum Primary Languages website	http://www.nicurriculum.org.uk/pl/	Supports conversational French for younger learners.
Bonjour Le Amis	http://www.learnalberta.ca/conten t/flbla/index.html?launch=true	Online French learning site for children by Learn Alberta. A range of activities to support learning in French.



French Language topic games	https://www.lasouris-	Sorts French learning games by
	web.org/prescolaire/prescolaire.ht	topic.
	<u>ml</u>	
A Green Mouse	https://agreenmouse.com/french-	Presents French learning through
	<u>for-children/</u>	lesson texts and accompanying
		videos. Sorted by topic.
Comptines TV	https://comptines.tv/	French nursery rhyme / traditional
		song videos.
Mama Lisa	https://www.mamalisa.com/?p=22	Huge collection of French songs
French songs	<u>&t=ec&c=22</u>	and rhymes.

Ideas to support Modern Languages remotely / online

- Use the Lightbulb Languages website to plan French learning activities to be posted online. Their "Lumen's French Award" is a particularly engaging resource for primary learners to carry out at home. See https://t.co/vvr0qvyA1e.
- Post simple videos / audio clips to encourage your learners to improve their French knowledge.
- Share links to French learning games and activities to allow your learners to develop their skills in a fun way.
- Stories, music and songs are a great way to introduce new French vocabulary to your learners. Also, watching French childrens' TV shows is a nice way to listen to spoken French and learn new words. As well as traditional French-made shows, other shows such as Peppa Pig and Paw Patrol have French versions widely available online.



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(11) Developing the Young Workforce



List of websites to support Developing the Young Workforce online		
<u>Website</u>	<u>Link</u>	<u>Description</u>
I am a	https://education.gov.scot/parentzone/learning	Education Scotland family maths learning
Mathematician	<u>-at-home/supporting-science-at-home/</u>	resource.
resource		
I am a	https://education.gov.scot/parentzone/learning	Education Scotland family science learning
Scientist	<u>-at-home/supporting-science-at-home/</u>	resource.
resource		
I am an	https://education.gov.scot/parentzone/learning	Education Scotland family engineering
Engineer	<u>-at-home/supporting-science-at-home/</u>	learning resource.
resource		-
CBeebies	https://www.bbc.co.uk/cbeebies/shows/bigglet	The people of Biggleton go on exciting
Biggleton	<u>on</u>	adventures as they do their jobs around
Series		the town.
My World of	https://www.myworldofwork.co.uk/primary-	Teachers can sign up for class accounts to
Work	school-pupils	assign activities. This resource is designed
		to introduce P5-P7 pupils to careers and
		the world of work.
Kids Work	https://www.knowitall.org/series/kids-work	Interactive job exploration experience for
		children.
Channel 4	https://www.channel4.com/programmes/when-	TV series which follows a group of children
"When I grow	<u>i-qrow-up/</u>	working in different companies.
up" series		
Blippi	https://www.youtube.com/user/BlippiVideos	"Blippi" is a children's educational show
		presented by Stevin John. He has
		produced some videos about professions
		targeted at younger learners.
Kidspiration	https://www.kidspiration.tv/watch/	A collection of videos presented by children
TV		looking at different job roles.
Clever Tykes	https://clevertykes.com/	Entrepreneurial stories for children.
	A number of free resources currently.	·

Ideas to support Developing the Young Workforce remotely / online

- Share some of the video content appropriate to the age / stage of your learners to introduce them to the world of careers and work.
- Share the Education Scotland "I am a..." guides with parents to encourage them to introduce their child to new skills whilst reflecting on how these related to the world of work and different careers.
- Encourage your learners to talk to family and friends about the jobs they do. They could write down profiles for each person to record the activities they do as part of their job.
- A nice activity for learners of all ages is to have them reflect on and share their future aspirations. For early level, this can be in the form of a picture. Learners at the first level could write a paragraph / several



- paragraphs on their future aspirations and their reasons behind these, or they could create and share a video on this. At second level, learners could be encouraged to complete an application form for their dream job, outlining why they would be an ideal candidate for the role.
- A fun way of developing skills for learning, life and work would be to set your pupils a challenge to set up their own home enterprise. This can be something basic like making cards or cupcakes for family members.





(12) Other Ideas to Support Remote / Online Learning



The following are a collection of resources and ideas which can be used to further support remote / online learning and can be uploaded to online learning areas.

- Source and post PowerPoints to support learning across the curriculum. For younger learners, you can
 insert audio recordings throughout the PowerPoint. These can be used to provide a teaching point or as a
 stimulus for an activity. This can also be used to create virtual assemblies to be posted at a set time for
 learners across the school to join in with live.
- The authority "Nursery Primary Share" area contains a range of materials to support children with Additional Support Needs during this time, including with visual supports for home and social stories. These can be found in the "Support for Learning" folder within this area.
- Share a suggested schedule for your learners working online / remotely. Ensure time is added for play and open-ended activities. This will aid positive health both mentally and physically. The following is an example plan which can be shared:

Daily Schedule

- Wake up and morning routines (including having breakfast, washing, brushing teeth and getting dressed).
- Discuss daily activities with an adult.
- Learning activities (from online area). Numeracy.
- Movement / game break. Go outside for some fresh air.
- Learning activities (from online area). Literacy
- Lunch time. Go for a walk.
- Read aloud / listen to a story / personal reading time.
- Learning activities (from online area). Learning across the Curriculum / Personal Project time.
- Play, games and creativity.
- Screen time.
- Dinner time.
- Encourage learners to go for a nature walk (where safe / within guidance).
- These Lego challenge calendars provided lots of fun activities for learners who have Lego at home: https://thatbricklife.com/lego-challenge-30-days-of-play-calendar/ https://www.freehomeschooldeals.com/free-printable-30-day-lego-challenge-instant-download/
- Activity Village have a range of free school closure resources, which include learning packs to support handwashing. https://www.activityvillage.co.uk/school-closures
- Make Time 2 Play (<u>www.maketime2play.co.uk</u>) have lots of play-based activity suggestions on their website and via their app. These can be sorted by age.
- Use links from websites to download and provide learning from home packs / workbooks:
 - https://www.tts-group.co.uk/home+learning+activities.html
 - https://classroomsecrets.co.uk/free-home-learning-packs/
 - https://tpet.co.uk/downloads/tag/home-learning/
 - https://www.teachingpacks.co.uk/the-home-learning-pack/
 - https://thereadingrealm.co.uk/2020/03/15/free-reading-realm-home-learning-pack-fairy-tales



- Scholastic Home Learning Packs
 https://resource-bank.scholastic.co.uk/resources/439122
 https://resource-bank.scholastic.co.uk/resources/439121
 https://resource-bank.scholastic.co.uk/resources/439120
 https://resource-bank.scholastic.co.uk/resources/439108
- Twinkl CfE designed resources:

 https://www.twinkl.co.uk/resource/early-level-home-learning-resource-pack-cfe-pa-2548601

 https://www.twinkl.co.uk/resource/first-level-home-learning-pack-cfe-pa-2548602

 https://www.twinkl.co.uk/resource/second-level-home-learning-resource-pack-cfe-pa-2548602
- Post a list of simple and fun activities which are not reliant on screen activities. This will ensure learners
 experience a healthy balance. You could post one a day for your learners to engage with. The following
 are examples of ideas: http://bit.ly/2TNGnOY http://bit.ly/3d1r1Om
- Share these lists of things to do indoors: https://www.thebestideasforkids.com/indooractivities-for-kids/
- The Scouts have produced a fab resource which has a great number of ideas for learning and fun indoors: https://www.scouts.org.uk/the-great-indoors/.
- The Boy's Brigade have also produced a quality resource for learning at home, which has some great ideas for families to try: https://boys-brigade.org.uk/bbathome-parents-carers/
- Use QR codes to quickly direct learners who are using tablets / mobile devices to link, websites and resources to support learning.
- Use Kahoot and teams to host a daily live quiz for your learners.
- Health Scotland have lots of play at home activity cards here: http://www.healthscotland.com/documents/20735.aspx
- Encourage your learners to create a rainbow craft to display in their window as part of the Rainbow Trail campaign. Lots of ideas can be found by searching "rainbow craft" on Pinterest.
- Daily STEM has posters with lots of ideas to promote easy science, technology, engineering and
 mathematics activities at home: http://dailystem.com/wp-content/uploads/2020/03/77-MORE-STEM-activities-for-families.pdf
 http://dailystem.com/wp-content/uploads/2020/03/77-MORE-STEM-activities-for-families.pdf
- Share some of the following daily "live" activities:

Activity	Link	Time
Dan Hancock PE	Facebook: Dan Hancock — The Mental Health PT	Daily at 9.00am
lesson		
Joe Wicks PE	Live on YouTube / Facebook (The Body Coach TV)	9.00am daily
Jump Start	https://www.youtube.com/channel/UC8PDFwCV0HHcl08-	Every day at
Jonny dance and	1SzdiBw	9.00am
workouts		
Newsround	www.bbc.co.uk/newsround	9.15am and
		12.10pm daily
Spread the	https://www.youtube.com/channel/UCjOshfH3pzhrf3dOrSj pRw	9.30am daily
Happiness TV		
(dough disco,		
squiggle etc.)		



Pie Corbett	https://radioblogging.net	Daily at 9.30am
Literacy Hour		
(upper stages		
literacy for 1		
hour each day)		
Dadsnet	Facebook: Katie's Classroom	Daily at 9.30am
Classroom		
Live phonics		
classes		
Steve Backshall	Follow Steve Backshall on Facebook	Daily at 9.30am
Wildlife		(see Facebook
		for latest /
		updated timings)
Music with	Follow Myleene Klass on Instagram	Mondays and
Myleene Klass	1 ollow 1 iglectic reass on Instagrant	Fridays at
rigiceite itiuss		10.00am
Growing Smiles	Live on Eacebook - @arowingsmilesuk	10.00am each
Tooth School	Live on Facebook - @growingsmilesuk	
(Oral / dental		day
' '		
hygiene)		\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\
Number Fun Live	https://www.youtube.com/channel/UChw M0-	Weekdays at
	qiWfT0_SkrCU1-LA	10.00am
Maths with	<u>www.themathsfactor.com</u>	10.00am daily
Carol		
Vorderman		
Dazzle and Fizz	Join Facebook group "Free Online Daily Kids Club with Dazzle	Each day at
Early years	and Fizz"	10.00am
activities		
Glasgow Science	Facebook: Glasgow Science Centre	Every day
Centre		at10.00am
Shaper/Caper	Follow Shaper/Caper on Facebook	Weekdays at
dance and active		10.30am
movement		
Hobbycraft craft	Follow Hobbycraft on Facebook	Every day at
lesson		11.00am
Science with	www.youtube.com/user/maddiemoate	11.00am
Maddie Moate		weekdays
Fischy Music live	Follow Fischy music on Facebook /	Every Monday
assembly	https://www.youtube.com/user/Fischymusic	at 11am
Audio Stories	https://www.worldofdavidwalliams.com/elevenses/	Each day at
from David	The state of the s	11.00am
Walliams		1.004.11
Live Dance	Follow Oti Mabuse on Facebook	11.30am for
Lesson	1 officer off i debook	kids dance
FESSOIL		
		classes



Lunch – Cooking	www.jamieoliver.com/features/category/get-kids-cooking/	12 noon daily
with Jamie Olive	www.junteouver.comprededrespeacegorgrade intas cooking	12 hook dang
Techniquest	www.techniquest.orq	12 noon daily
(science)		
The Critter	Follow The Critter Keeper on Facebook	Daily at 1.30pm
Keeper	'	3 1
All about		
animals		
Reef Relief	Follow Reef Relief on Facebook	Every Monday,
Marine science		Wednesday and
		Friday at
		2.30pm UK time
SFC Academy	Follow Sfc Academy on Facebook	Live class every
Football / fitness		day at 3.30pm
Ben Fogle	Follow Ben Fogle on Instagram	4.00pm each
Adventure /		day
wilderness		
Live reading by	www.twitter.com/rjpalacio	4.00pm –
R J Palacio		4.45pm daily
(Author of		(UK time)
"Wonder")		
Cook with Theo	Youtube.com/cookwiththeo	Every Monday
		and Wednesday
		at 4.00pm
McArt studio art	Follow McArt studio on Facebook	Every day at
lesson		6.00pm (UK
		time)
Adam Garcia	Follow Adam Garcia on Facebook	Times posted
family tap class		online
		(Facebook /
		Instagram)
Steve Anthony	Twitter: https://twitter.com/mrsteveantony?lang=en	Follow Twitter
Draw-a-Story		for times
masterclass		6 5
Ruth Miskin	https://www.facebook.com/miskin.education/	See Facebook
Education (RWI)		page for details
		of live phonics /
Court	Fallow Court on He on Facility	RWI lessons
Count on Us	Follow Count on Us on Facebook	Live lessons (see
Maths		Facebook for
D: D	Fallow Dinama Danamant on Fallo	timings)
Piper's Passport	Follow Piper's Passport on Facebook	See Facebook
Live Story		page for timings
Reading		



Tumble Tots	Follow Tumble Tots UK on Facebook	See Facebook
Active Play /		page for
Movement		updated timings
Twinkl Live	Follow Twinkl Scotland Parents group	See group for
Lessons		lesson timings
For 3-5, 5-7 and		for different age
7-11		groups
Theatre of	Facebook — Theatre of Science	See Facebook
Science	www.theatreofscience.co.uk	for live lesson
		timings
Lingo Box	Follow Lingobox Learning on Facebook	See Facebook
Learning	, , ,	for live lesson
Languages		timings
Dantastic	Follow Dantastic Productions on Facebook	See Facebook
Productions		page for timings
Free online		
parties every day		

